

# NEW HORIZONS NEWS

NEW HORIZONS COUNSELING SERVICE, INC.  
PO Box 56339 Phoenix, AZ 85079  
Phone 623-939-6567 Fax 623-939-7365  
Since 1996

Volume 2, Issue 1

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## Current Programs At New Horizons:

- \*Substance Abuse Screening, Education, and Treatment
- \*Relapse Prevention Treatment
- \*Anger Management Treatment
- \*Domestic Violence Offender Treatment (PEACE Program)
- \*General Mental Health Psychiatric Evaluation & Medication Services (Please call to inquire about availability)
- \*General Mental Health Group Counseling
- \*DUI Screening, Education and Treatment
- \*Driver's License Revocation Services (Please call to inquire about availability)
- \*Sex Offender Treatment

*Want to learn more  
about our services?*

**Presentations  
Now Available!**

**Please call 623-939-6567  
to schedule!**

## Parenting Programs Starting Soon!

New Horizons Counseling Service, Inc. is implementing a Parent Education and Support program to add to the quality services already being provided. Highly trained counselors and clinicians will be conducting two-hour sessions on a weekly basis providing evidenced based parent education curriculum materials, allowing a place for parents to obtain support, and also use a cognitive behavioral change model to enhance client's current parenting skills. This program will be available to any current or new clients at New Horizons. If you are interested in this upcoming program or interested in making a referral, please call our office at 623-939-6567 and ask for Alicia O'Loughlin. Dates, times, and locations to be announced soon, don't miss this great new opportunity!

## Did You Know?

**According to the National Institute of Mental Health, An estimated 26.2 percent of Americans ages 18 and older – about one in four adults – suffer from a diagnosable mental disorder in a given year. New Horizons has a Wellness Strategies group designed to help clients manage mental health issues. Please contact our office today at 623-939-6567 to sign up or make a referral.**

## Expansion of Private Pay Program at NHCS

New Horizons Counseling Service Inc. welcomes individuals who do not have insurance through our Private Pay Program. All counseling services are available under this program, including substance abuse treatment, anger management, domestic violence treatment and general mental health services. Please contact our office for current service rates at 623-939-6567.



ROAD TO RECOVERY

Comments?

Suggestions?

We appreciate your  
feedback!

Call 623-939-6567  
or email

inquire@

newhorizons

counselingservice

.org

## Mission Statement

*New Horizons Counseling Service, Inc. is devoted to providing the highest quality outpatient treatment to help individuals address unhealthy choices. We strive, through best practice treatment models, to teach adaptive life skills for people to lead healthier, more productive lives.*

## Quote Corner

*"I believe the counselor of my class by far was one of the best teachers I've had. Very intelligent in her field, I am grateful to have had her."*

*-Recent New Horizons Graduate*

## Contact Us!

5062 N. 19th Ave., Suite 102  
Phoenix, AZ 85015

Phone: 623-939-6567

Fax: 623-939-7365

On the Web at  
[www.newhorizons  
counselingservice.org](http://www.newhorizonscounselingservice.org)